

# gift voucher



*This voucher entitles you to:*

*Voucher / Order No:*

*Purchase Date:*

**TO:** \_\_\_\_\_

**FROM:** \_\_\_\_\_

\*Vouchers must be presented at appointment. Vouchers are valid 6 months, are non-refundable & are subject to the cancellation policy outlined on our website.

Please call 0418 854 022 to make your booking and check out our website for our current opening hours, pricing, additional treatments available & information on what 'floating' is all about.

Check out the 'Before you float' page on our website for details on what to bring, what to wear, 'do's' & 'do not's' & commonly asked questions to ensure you get the most out of your float experience.

We have two tanks and two massage/therapy rooms so we can accommodate up to 4 people at a time. Feel free to combine your session with an additional treatment or bring along a friend or two to share the experience (please mention at time of booking).

If you require a weekend or evening appointment, we do suggest you book a couple of weeks ahead.

## How does it work?

- Our bodies & minds are constantly bombarded with external stimulation – gravity, temperature, sound, light & touch as well as the incessant everyday background 'noises' & distractions that we may not even realise our minds are busy processing.
- Floating in the tank, your senses are released from all these distractions, your body is weightless & you become a mind floating in space, enabling your body & mind to reach deep levels of relaxation/meditation that would normally take years of practice to achieve.
- The weightlessness combined with the Epsom salts creates an ideal environment for healing.

- Within the tank is a 25cm deep 30% Epsom salt solution that is kept at constant relaxed skin temperature & so is the air. So your mind does not sense a difference between your body & the air/water surrounding it. The density of the solution ensures anyone can float effortlessly.
- Many people think they may find the environment claustrophobic, however it is quite spacious, you don't have to close the door & you can get out whenever you like, you are completely in control.



**thefloatroom.com.au**  
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